TEST YOUR KNOWLEDGE

B. This is a hepatocellular pattern of liver injury.

B. (Correct): This patient demonstrates a hepatocellular pattern of liver injury. An increase in ALT and AST levels, disproportionate to ALP and GGT levels, is suggestive of hepatocellular injury. Moderate or severe transaminitis can be seen in patients with viral hepatitis (acute or chronic), alcohol-related hepatitis, autoimmune hepatitis, drug induced liver injury, ischaemic hepatitis and rarer vascular disorders, such as veno-occlusive disease.

Want to learn more? Click here to find out more about the AHA Introduction to the Nursing Care and Management of Patients with Advanced Liver Disease.