

# NATIONAL RIDE2SCHOOL DAY

Friday 19 March 2021

**Join in the fun on National Ride2School Day by encouraging your students to ride, walk, skate or scoot to school.**

National Ride2School Day is the perfect opportunity for students and school communities across Australia to embrace a healthier start and to try riding and walking to school for themselves.

Check out some of our ideas on how to plan the best National Ride2School Day ever!

## Obstacle course

Set up a bike obstacle course on your basketball court or oval so students can get full use of their wheels before school starts.



## Bike education

Integrate bike education and bike skills into the day (or even better - into the curriculum)!

## Guest speakers

Arrange an assembly with a special guest speaker (e.g. Member of Parliament, local police officers or local riding super-stars) to inspire students to actively travel to school more often.

## Healthy breakfast

Host a healthy breakfast with some tasty fruit and breakfast snacks.



## Fundraising

Take the opportunity to raise funds by encouraging students to dress up (or dress up their bikes) and ask for a gold coin donation on the day. The proceeds can go towards improving the bike parking facilities at your school.



## Bike parade

Host a 'decorate your bike' or 'decorate your helmet' competition and have students parade their creations at assembly.

## Poster decorating

Use the colouring-in version of our poster and have students colour their own posters to put up around the school.



## Active travel raffle

Hand out raffle tickets to the walkers and wheelers as they arrive at school and present a prize at the assembly.

## HandsUp! count

Collect a HandsUp! count by asking your students how they travelled to school. You can use this to work out how much CO2 your school has saved by actively travelling.

**We'd love to share in your celebrations and see how much fun your school had on National Ride2School Day, share your photos with us on Facebook or at [ride2school@bicyclenetwork.com.au](mailto:ride2school@bicyclenetwork.com.au)**